TWO TWO ONE

Mental health charity

ANNUAL REPORT 2024

Two eyes, two ears, one mouth. We should listen and observe twice as much as we speak.

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TWO TWO ONE

Mental health charity

REGISTERED CHARITY
acnc.gov.au/charityregister

Acknowledgement of country

TWO TWO ONE acknowledges the Traditional Owners of the country on which we work and live, and recognises their continuing connection to land, waters and community. We pay our respects to Elders past, present and emerging, and to their cultures.

Lived Experience Recognition

TWO TWO ONE recognise the knowledge of lived experience and importance of embedding this throughout the organisation to create meaningful and respectful education and training.

TWO TWO ONE has lived experience throughout their leadership, content and programs, highlighted at our annual mental health week event "OUR STORIES".

Our Vision

To deliver knowledgeable and innovative mental health services to the Northern Territory.

Our Mission

One day we have a health system, that includes mental health. That every person will be educated and aware of what mental health problems are and how to support a loved one.

TWO TWO ONE MENTAL HEALTH CHARITY

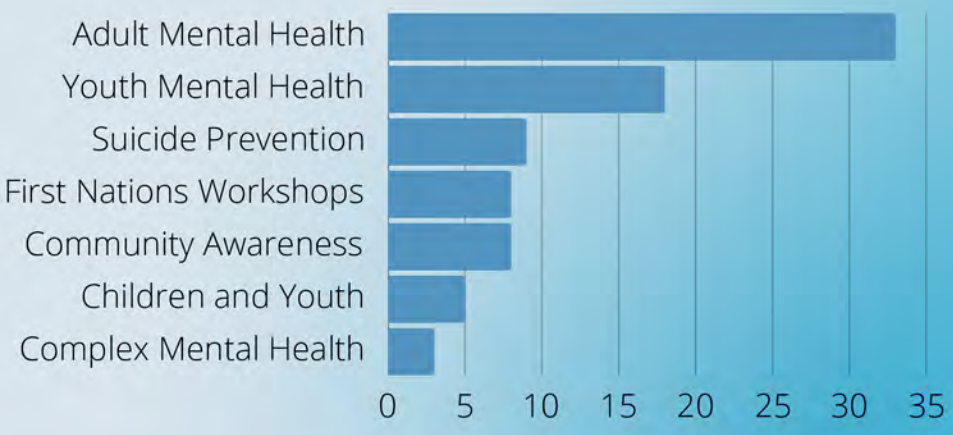
2024 SNAP SHOT

9	84	2682
LOCATIONS	DAYS	REACH

"5/5"

"...it was fantastic – uplifting, informative and helpful, with thanks!"

"passion, knowledge and skills shone through in a highly engaging presentation. Thank you!"



Darwin, Palmerston, Batchelor, Katherine, Tennant Creek, Alice Springs, Nhulunbuy, Yirrkala and online

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TWO TWO ONE INC. ANNUAL REPORT 2024

2024

About Us

Mental health doesn't have to be a downer! At Two Two One we pride ourselves on every workshop being interesting, interactive and practical.

Two Two One Mental Health Charity was started by a passionate social worker who saw the lack of quality mental health services that match with the uniqueness of the NT.

Most people would want to know how to support their loved one through mental illness and we wanted to create safe spaces with knowledgeable facilitators to teach these skills.

We also make it fun, with a range of interactive resources and activities to create meaningful conversations. Participants walk away with confidence to implement their learning. We have had many participants let us know they used their skills within days of completing their training.

We are continuing to grow, be innovative and work with new industries to spread the awareness that mental health is a part of everyone's life.

Our Team

Our Board is responsible for providing leadership and overseeing the overall strategy, governance and performance of the organisation.

The strength and effectiveness of our independent, skills based board is thanks to the diversity of its members. They come from every corner of the NT bringing diverse skills, experiences, and backgrounds. The board's composition aligns with Associations NT and the ACNC's requirements as well as the Two Two One Mental Health Charity constitution.

Sacha King
Managing Director
& Public Officer

Sheridan Rose
Chair person

Diana Herdman
Treasurer

Emily Kilpatrick
Secretary

Hajrah Kamran
Vice Chair person

Ben Clements
General Member

Emma Cawood
General Member

Managing Directors Report

2024 was a great year for Two Two One Mental Health Charity and its establishment as a leading mental health training organisation in the Northern Territory as well as for myself personally.
2024 started with some time of leave to get married and ended with some time of leave for the arrival of our little girl Hazel. These periods of leave, although some unplanned, forced us to create contractor agreements and make sure we had contingency plans in place. We now have three contractors under agreements and work set out into 2025.

We also saw funding approved for 2025 mental health professionals conference and Mental Health Night School.

We added some training options to our collection as well as a First Nations trainer who is able to deliver Aboriginal Mental Health First Aid.

I also was honoured to be asked to speak at three national conferences this year:
7th National Social and Emotional Wellbeing Forum, Lions Australia Darwin Convention 2024 and Australian Society of Anaesthetists' National Scientific Conference. This is a representation of the growing focus and awareness of mental health and wellness across industries.

Our relationships across the community are strong. We are achieving our goals with a commitment to both practical and high-quality corporate training as well as community led funded programs. We are in an exciting place and moving in a positive sustainable direction towards a healthy NT.

Sacha King
Founder & Managing Director ,
Two Two One Mental Health Charity

Treasurers Report for the Year Ended 31 December 2024

The 2024 year resulted in surplus year which had a focus on providing mental health education including mental health training, workshops and mental health night schools.

Donations and Bequests increased significantly from $6,850 in 2023 to $31,229 in 2024, reflecting enhanced fundraising efforts.

Revenue from Government (including Grants) decreased from $99,968 in 2023 to $77,351 in 2024, whilst Revenue from Goods and Services increased from $75,271 from $65,164 in 2023.

In 2024, we received funding for our Mental Health Night School initiative, which has been highly successful and well-received by the community, which will be offered again in 2025.

- Operating expenses were $24,192 less in 2024 than 2023.
- Events & Program Expenses decreased from $10,772 in 2023 to $2,315 in 2024, due to a shift in focus on services provided.
- Subcontractor expenses were $23,949 in 2024, with no corresponding expense in 2023, due to external providers being contracted to be able to provide services during the year in particular towards the end of the year.
- Depreciation expenses decreased from $17,339 in 2023 to $9,194 in 2024 due to the vehicle owned being depreciated at a diminishing value.
- With expenditure decreasing and income being consistent with the prior year, Two Two One Incorporated achieved a surplus of $25,468 in 2024, a substantial increase from the $1,276 surplus in 2023, indicating improved financial performance.

Refer to the Financial Figures for further detail on Two Two One Incorporated's financial performance for the year ended 31 December 2024.

Looking ahead, Two Two One incorporated remains committed to providing mental health education to the Northern Territory. The financial surplus received in 2024 provides a good foundation for future growth to develop on existing programs and explore new possibilities. We are confident Two Two One Incorporated will continue to grow and create a meaningful impact in the years ahead.

Diana Herdman
Treasurer, Two Two One Mental Health Charity

Contact us

Chat to us about volunteering, project ideas and being a part of our movement.

Our AGM each year is held in April or May and board applications open one month prior, you can find details on our website and social media.

Want to volunteer, our main volunteering roles are at events and fundraising, if you're interested email is directly.

Got a great mnetal health initiative, we are always open to ideas and partnering, were friendly, give us a call and have a chat.

We would love to hear from you.

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Socials
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